

For the families and friends of those who have died by violence

POMC

**SUPPORT
NEWSLETTER**

**Front Range Chapter
Parents of Murdered Children**

June 2012—July 2012

NEXT VOICE FORUM SET FOR JULY 9

The next quarterly forum of Victims Organized In Correctional Exchange (VOICE) will be held at the District 3 Denver Police Department, 1625 S. University Blvd., Denver, CO on Monday, July 9 from 6:00 – 8:30 PM.

The topic for the evening will be “Time and Release Operations”. This is an opportunity for you to ask questions about how an offender’s sentence is calculated to determine discretionary parole eligibility, community corrections (half-way house) eligibility, mandatory release to parole and sentence discharge.

(Ample street parking is available)

NATIONAL POMC CONFERENCE

It’s not too late to register if you plan to attend the POMC Conference in Phoenix, AZ, August 9 thru 12. at the Arizona Grand Resort. Theme this year: “Journey on...Survivor Strong”. Registration form is available on POMC National’s website www.pomc.org. This is an incredible opportunity to come together with other survivors to learn and to celebrate your loved one(s).

Interesting Program Slated for July 21 Meeting

At the July 21st meeting of POMC, the Crime Victims Advisory Council (CVAC) will do a presentation on “Our Stories”. CVAC is a part of the Victim Service Network (VSN) in Denver. Several members, including Joe Cannata and Phil Clark will share their personal experiences in conjunction with a short video presentation.

CVAC members, all primary and secondary victims of violent crime, work to educate the public about the personal and societal impact of crime. Members represent a diversity of crime victims in our community.

CVAC members have done presentations to DAs, Victim Advocates, Probation Depts, juvenile offenders, offenders on probation, and in half-way houses. Recently they have been going into prisons talking to inmates that are close to being released.

You will have the rare opportunity to ask questions and interact with crime victims who are at a stage in healing where they are able to engage in the community as anti-violence activists.



**FRONT RANGE CHAPTER
INFORMATION AND NUMBERS
"We Are Here to Help"**

Web Site
www.coloradopomc.org

Leader**Joe Cannata**
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Donelson**
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Member **Caryl & Charles
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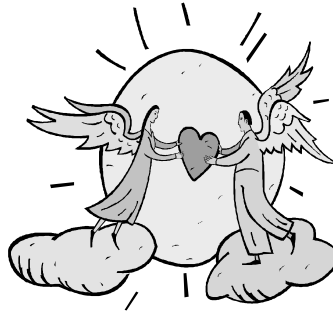
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Love Gifts



**Our Chapter Thanks the
following group of members
who gave a donation in honor
of their loved one.**

Phyllis and Ciro Pena
in memory off their son,
Ricky Bobian

Theresa Suazo
in memory of her son,
Dan Suazo

Jerri and Don Reichert
in memory of their son,
Michael Scott Reichert

Diane Frances
in memory of her son,
Mark Frances

New Members

Elizabeth Vargas
Pat Sanchez
Jerry Roark

WHY WE ARE HERE

1. To support persons who survive the violent death of someone close, as they seek to recover.
2. To provide contact with similarly bereaved persons and establish self help groups that meet regularly.
3. To provide information about the grieving process and the criminal justice system as they pertain to survivors of a homicide victim.
4. To communicate with professionals in the helping fields about the problems faced by those surviving a homicide victim.
5. To increase society's awareness of these problems.

POMC NEWSLETTER STAFF AND INFORMATION

This newsletter is published bi-monthly by volunteers prior to the regular POMC meeting. It is the official publication of the Front Range Chapter of POMC. Articles, poems, and letters from members are welcome. They may be edited for length and conciseness. Mail such items to the editors,

Cherri and Bill Lusk
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Roster & Mailing List:
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**Healing & Bereavement
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Barbara Kaptanian, 303-792-5432

Trials and Hearings:
Tom Rasser, 303 798-2841



Trials & Hearings

Once again, the competency hearing for Chester Todd, confessed murderer of Sherri Majors, scheduled for May 11, has been continued. The prosecution competency report has found Todd competent for trial, but the defense report has not yet been received by the court. Therefore, no reschedule date has yet been set. Sherri is the daughter of Linda and Everett Donelson.

COVA Endowment Tree

Support COVA's capital campaign to purchase the Bob Preston Building by purchasing a leaf for the tree.. The Endowment Tree is a permanent display honoring the generous individuals who support the realization of this dream. You may purchase a leaf for the tree at one of the following levels:

Gold: \$500

Silver: \$250

Bronze: \$100

Your leaf can be engraved with a name and date or a name and brief quotation of your choosing. If you are interested in purchasing a leaf, please call 303-861-1160 for more information. Since COVA is a 501©3 non-profit (Federal ID #84-0972509) donations are tax deductible.

ANY IDEAS FOR GUEST SPEAKERS??

We are always looking for guest speakers for our regular support group meetings. If you know anyone who would be available to speak to our membership or any topic you might be interested in learning more about, please contact any Board Member. Names and phone numbers of all are listed on Pg 2 of the newsletter.

PLEDGE YOUR MILE HIGH UNITED WAY CONTRIBUTIONS TO POMC

For those of you who contribute to the Mile High United Way through payroll deductions you can allocate funds to a specific organization, such as POMC. All you have to do is write in: Front Range Chapter Parents of Murdered Children #12674 on your pledge card and your donation will be directed to our chapter.

For those who believe in Angels

Barb Kaptanian

Angels Encourage Everyone in The Right Direction...UP

Angels are heavenly beings created by God to worship Him and perform His bidding for various purposes. According to a heavenly hierarchy, the Heavenly Hosts consist of angels, archangels, cherubim, seraphim, among others. They are spiritual beings superior in power and some are thought to be attendant spirits or guardians. These heavenly beings are usually represented as white-robed figures of human form and as messengers or harbingers. Throughout history paintings, sculptures, plays, music, myths, legends, prayers, inspirations, have depicted angelic beings. Even some people have been thought to be angelic, or at least have angelic qualities. A newborn is often compared to an angel! Throughout the ages, angels have played a significant role in religion and there are many references to angels Biblically. We've all heard many occurrences of angelic intervention. In today's culture, references to angels are everywhere! Some people even go so far as to worship them. But in any case, angels are an interesting study and there is little doubt of their existence. Whatever your thoughts about angels, it's often comforting to know that God uses ministering angels. It's His way of reaching down from the heavenly places to let you know He cares.

*Around our pillows golden ladders rise, and go up and down the skies,
With winged sandals shod, the angels come, and go, the Messengers of God.
Richard Henry Stoddard*

Everyone would like to know an angel is watching over them. And everyone would like to think an angel in heaven is with their child. I've found this to be true regardless of religious persuasion.

Greg Yoder, a song-writer, singer, guitar playin' guy with an average singin' voice, (his words) has integrated music therapeutically in his hospice counseling work. He has created a collection of songs and poetry as a reflection in companioning the grieving intended to be a tribute to all the courageous bereaved as pilgrims on the path of healing from loss. Here's a little ditty about angels by Yoder:

Cantique Pour Les Petites Anges (Song for the Little Angels)

A quiet murmur turns my head, I close my eyes and breathe. I hear the sweetest voices ever heard, my pain begins to ease. Oh, sing to me you little ones with all your cherub faces, look into my broken heart and heal me with your graces. (Angels singing)

It's me on your shoulder, I'll whisper in your ear. Whenever you feel lonely, remember I'm right here.

Mike Beck, a country-western song writer guitarist, wrote a lovely song with a different slant on angels that spoke to me while on a trip to Montana. Hearing him in concert as he introduced his new cd recording entitled Mariposa Wind, I couldn't help but think of my son and what he would say to me. How would he want me to continue without him? Would he want me to quit living or would he want me to have a full life? Would he want me to live life for him? Would he want me to turn my back on life or live life for love? Mike Beck captured a little of the angel in all of us, the one that wants us to keep on living our

dreams in spite of our pain. Not to give up hope but believe in the dream, the dream God gave you long, long ago. Love your child but live your life, do it for love.

Your Angels by Mike Beck

When I saw you last night
 Your eyes gave you away
 Like your soul's been crushed
 Like you're on your last day
 You look all alone, lost in your fears
 Don't be afraid, don't be afraid
 So what do you ache for
 What are your dreams
 Let your heart's longing
 Flow like a stream
 Light up a candle
 Don't spare your kisses
 Saddle your pony, follow your star
 Don't you turn your back on your angels
 Don't you run from the song of your soul
 Ride good horses, raise strong children, pet your dog when he's growin' old
 Let God's light shine down upon you
 Let the healing waters flow
 Don't you turn your back on your angels
 Don't you run from the song of your soul
 They'll try to sell you this and have you dress like that
 They'll say you're too skinny and now you're too fat
 Write your own story, get up and dance on the table
 That's where it's at, that's where it's at
 (I interject here, don't let anyone tell you how to grieve!)
 So in the deep of the night when there's no one around
 Open your heart, put your ear to the ground
 Stop your runnin', step out in to the light
 Do it for love, do it for love
 Let God's light shine down upon you, Let the healing waters flow
 Don't you turn your back on your angels
 Don't you run from the song of your soul

If you want to believe that your child is with the angels in heaven, great! And if you want to believe that you have a special angel watching over you, great! God loves you and He did create an angelic presence in heaven and there is an angelic presence on earth. Don't turn your back on the angels. Don't give up on your dreams. Don't run from the song of your soul. Continue to live, live for your child. Believe, and do it for love!

*Silently one by one, in the infinite meadows of heaven,
 Blossomed the lovely stars, the forget-me-nots of the angels.*
 (Nice,eh? Barb) *Henry Wads worth Longfellow*

Birthdays Remembered

Cindi Taylor, June 2, 1975

Gail Garcia-Herrera, June 3, 1960

Brad Amack, June 4, 1971

Jesse Harris Pejko, June 4, 1986

Clair Weaver, June 5, 1940

Jim Gardner, June 7, 1949

Kathleen Annette David, June 7, 1958

Jackie Gallegos, June 7, 1966

Michael Ned, June 11, 1964

Mary Anne Southwick, June 13, 1933

Danny Stanazyk, June 14, 1978

Paris Lamar Davis, June 14, 1981

Scott Clark, June 16, 1976

Donna Wayne, June 21, 1967

Nick Thelley, June 22, 1972

Pamela Sue Alger Stone, June 25, 1959

Daniel Mauser, June 25, 1983

Robert Ursetta, June 26, 1970

Jared Whitney, June 26, 1971

Raymond Albert Nieto, June 26, 1976

Terry Sheeran, June 27, 1957

Nancy Begg Shoupp, June 29, 1963

Eddie Hairston, Jr., June 30, 1938

Michael E. Duran Jr, July 1, 1961

Micheala Carol Hanson, July 1, 1987

Henry Kellie, July 1,

Leroy Martinez II, July 4, 1973

Joseph Nelson, July 4, 1982

Garry Gene Bailey, July 5, 1972

Matthew Boysen, July 7, 1980

Dan Suazo, July 8, 1957

David Wesley Stewart, July 8, 1967

Pamela Brandon, July 9, 1957

Alice Jane Hensley, July 9, 1965

Brandon Gushard, July 9, 1969

Dylan Lee Newman, July 10, 1986

Michael J. Loughrey, July 11, 1954

Kevin Johnson, July 12, 1978

Amber Bullington, July 13, 1981

Antoinette "Toni" Clark, July 14, 1985

Jesse Lamblin, July 15, 1981

Denice Ann Hightower/Benson, July 16, 1975

Elvin Landrum, July 19, 1953

Levon George Griego, July 23, 1984

Ruth Ortega's son, July 23, 1984

Justin Maggard, July 24, 1988

Alexi Kaptanian, July 25, 1972

Jordon Hood, July 25, 1990

Ali Muhammad Sparks, July 26, 1971

Marco Escobedo, July 27, 1963

Brandy DuVall, July 28, 1982

Paul Hurtado Jr, July 29, 1948

Kimberly Greene-Medina, July 30, 1977



In Memoriam

- Latoya Cisneros**, June 1, 1999
David Wesley Stewart, June 2, 1992
Lindsey Kay Creason, June 3, 1993
James Sanchez, June 5, 2011
Daniel Chavez, June 6, 1993
Jeff Walker, June 7, 1997
Shashan S Ortiz, June 8, 1986
Jodi Carrigg, June 9, 1996
Miranoa Rose Linn Baca, June 9, 2006
Chris Irish, June 10, 1994
David Blea, June 12, 1997
Edward Perez, June 12, 2004
Pamela Sue Alger Stone, June 13, 1982
Donna Wayne, June 13, 1986
Lonnell Friend, June 16, 1993
Matthew Boysen, June 18, 1998
David Aric Rothrock, June 19, 1994
Jason Paiz, June 19, 1997
Javad Marshall-Fields, June 20, 2005
Chad Ferguson, June 20, 2009
PJ Pierce, June 21, 2005
Leslie Gonzales, June 23, 1999
Rebecca Lynn Gonzales, June 23, 1999
Katheryn Gonzales, June 23, 1999
Cathlynn Morse's son, June 23, 2002
Robert Grau, June 24, 2008
Eddie Wayne Hairston, June 25, 1995
Kip Merry, June 26, 1991
Michael Julius Ford, June 26, 2006
Andre` Price Jr, June 27, 1995
Randy Wesely, June 29, 1988
Tiffany Cuin, June 30, 2008
Guy Oliver Morton, June, 1975
Emily Reilly, July 1, 1998
Lynn Cannata, July 2, 1987
Carolyn Walker, July 3, 1987
Laura Hetes, July 3, 1992
Angie Fite, July 5, 1998
Marlon Horton, July 5, 2002
Cindy Stewart, July 6, 1999
Jennifer Mesa, July 8, 1987
Jeffrey B. Packard, July 8, 1991
Lysa Beth Moser, July 8, 2001
Leon Nuanes, July 11, 1990
Tyrone Anthony Bennett, July 11, 1993
Jesus Diaz, July 11, 1998
Jackie Gallegos, July 12, 1994
Jennifer Manchego, July 14, 1992
Kim Hadley, July 15, 1993
Brooklyn Ricks, July 15, 1995
Patricia "Trisha" Green, July 16, 2000
Jesse Harris Pejko, July 17, 2008
Michael O'Fallon, July 19, 1980
Philisia Bunting, July 19, 1990
Brandon Hurtado, July 19, 1998
Martin "Marty" Lawrence Martinez, July 21, 1976
Jesse Maldonado, July 22, 1995
Mark Antony Wilson, July 22, 1997
Thomas Hollar, July 23, 1993
Cindy Wilson/Langlois, July 24, 1986
Denice Ann Hightower/Benson, July 24, 2002
Bailey Davidson, July 24, 2008
Amy Hill, July 24, 2008
Troy Krause, July 27, 1977
Jessica Morehouse, July 30, 1988
Dennis Sanchez, July 30, 1992
Kathleen Annette David, July 31, 1996
Sammy Burks, July 31, 2003
Lucinda Carbonell, July, 1999

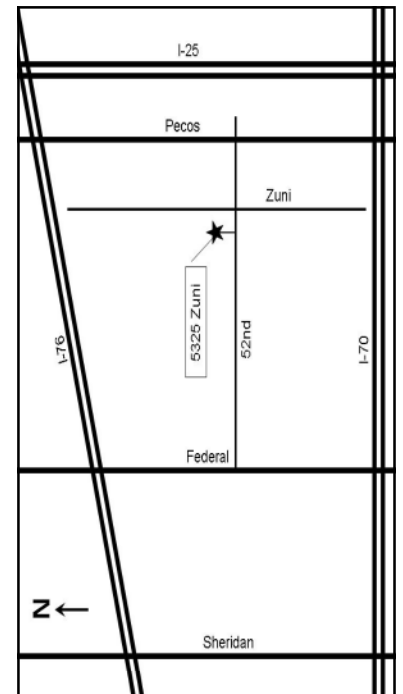


ANNOUNCEMENTS

- June 16 - Board Meeting at 6:00 PM
Support Group at 7:30 PM
- July 9 - VOICE Forum
(see Pg 1 for details)
- July 21 - Support Group at 7:30 PM
CVAC presentation..see Pg 1 for details
- August 9-12 - National POMC Conference
(see Pg 1 for details)
- September 25 - National Day of Remembrance for
Murder Victims

ADDRESS SERVICE REQUESTED

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We meet in the
cafeteria of the
West Building
at 5325 Zuni in Denver on
the **3rd Saturday**

